

“Acupuncture Face-Lifting”

A Holistic Approach to Rejuvenation



As we grow older, signs of aging are inevitable. In the past, cosmetic surgery seemed the only possible solution to the fine lines, puffy eyes, and drooping jowls that can crop up as the years pass by. There are viable alternatives to the scalpel. Non-invasive and minimally invasive alternatives have become main stream.

Holistic options for beauty, health and well being have also gained recognition at a rapid pace in the war against anti-aging. One such popular procedure is Traditional Chinese Medicine: “Acupuncture Face-Lifting”

- Nourishes the skin, giving you a healthy complexion with a natural glowing, radiant, younger looking skin.
- Moisturizes the skin from inside, and gives rosy cheeks to people with dull, tired looking skin
- help minimize or eliminate fine lines
- help reduce a double chin
- help reduce frown lines
- help lift sagging skin, puffy or droopy eyelids
- increase collagen production
- brighten the eyes
- soften scars
- increase blood, energy and lymph circulation
- leave you feeling refreshed, relaxed and rejuvenated.

Acupuncture Face-Lifting is an art form, not all Acupuncturist are trained professionals in this procedure. Howie Sun, Acupuncturist/Herbalist, of 1st Choice Acupuncture & Herbal Medicine in Bellevue, WA specializes in Constitutional Acupuncture Facial Rejuvenation. Call 1st Choice Acupuncture & Herbal Medicine today to schedule a consult with Howie Sun to see how

Compared to surgical / chemical / technology based procedures, it is less costly and less invasive.

Traditional Chinese Medicine is a natural method of healing that encompasses several systematic medicines and techniques such as acupressure, cupping, oriental message, qi gong exercises, and of course, acupuncture and herbal medicine.

Acupuncture is a method of encouraging the body to promote its own natural healing processes and improve functions. This is done by inserting very thin needles into specific points located near or on the surface of the skin which have the ability to alter various biochemical and physiological conditions in order to treat a wide variety of illnesses. Inserting needles at these points stimulates various sensory receptors that, in turn, stimulate nerves (neurological) that transmit impulses to the hypothalamic-pituitary system (hormonal) at the base of the brain.

Constitutional Acupuncture Facial Rejuvenation program is a safe, painless and effective treatment for rejuvenating the face as well as the whole body. It may take 5-10 years off your face, fine lines may be entirely erased, deeper lines reduced, and bags around the neck and eyes firmed, other benefits include

- Relaxes muscle tone
- Increases circulation, oxygenates the skin
- Tightens the pores, and brightens the eyes
- Keeps acne skin under control: improve hormonal balance to reduce acne;



Acupuncture can benefit you.

1st Choice Acupuncture
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Howie Sun is a nationally board-certified acupuncturist and is licensed in the State of Washington and California. He received his Master of Science in Oriental Medicine and a Bachelor of Science degree in Holistic Science from South Baylo University. He has also earned a Bachelor of Science degree in Biochemistry and a Bachelor of Science in Molecular Cellular Development Biology from the University of Colorado.

Call 1st Choice mention Bellissima for Special Promotion

“It’s the day after my second treatment and I saw definite differences in my face this morning!!! I was surprised and pleased. The lines around my eyes, especially the right one, were much, much finer, not so noticeable. My cheeks were fuller, revitalized, not sort of ‘sunken’, and the lines on my forehead were slight. Howie Sun, I’m a believer!!! Thanks again! See you soon!”

-E.K.-